

# Low Compliance with follow-up blood cultures in patients with candidemia

Haefner, H.<sup>1</sup>, Haase, G.<sup>2</sup>, Lemmen, S.<sup>1</sup>, Kruettgen, A.<sup>2</sup>, Purr, I.<sup>2</sup>

<sup>1</sup> Zentralbereich für Krankenhaushygiene und Infektiologie, RWTH Aachen University Hospital, Aachen, Germany

<sup>2</sup> Labordiagnostisches Zentrum Bereich Mikrobiologie, RWTH Aachen University Hospital, Aachen, Germany

## Background

Despite recent improvements in regards to diagnostic measures and therapy mortality of invasive candidiasis is still within the range of 15 to 50%. Persistence of candidemia has been proposed as a crucial factor for this high level of mortality. Therefore, we established at our university hospital (UKA) a policy for follow-up blood cultures drawn within a time frame of 48-72h after initiation of appropriate antimycotic therapy which were repeated until resolution of candidemia.

## Objective

Determination of compliance of drawing blood cultures after initiation of antimycotic therapy in case of proven candidemia at the UKA. Establishing measures capable of increasing the rate of follow-up blood cultures in case of candidemia and thereby improving therapy and outcome of the affected patients.

## Method

In the UKA notification of microscopic detection of yeast cells in case of positive blood cultures is performed by phone and written report in a timely manner. Determination of compliance to our policy concerning drawing of follow-up blood cultures was done by calculation of the time difference between the initial notification and time of drawing of a follow-up blood culture using HyBASE®. A time difference of 48-72 h was judged as “adequate”.

## Results

In the period from November 2016 to October 2017 candidemia episodes were observed in 51 patients [Figure 1]. Evaluation of compliance to our policy was performed using data from 40 patients. In case of the remaining 11 patients evaluation could not be performed due to death within 72 h after primary notification. Compliance to our policy for drawing follow-up blood cultures was only 53% (21/40) [Figure 2]. In case of patients in intensive care units compliance was higher (16/26; 63%) when compared to patients on standard care wards (5/14; 36%) [Figure 3].

## Conclusion

As a consequence of the determined low compliance of drawing follow-up blood cultures in case of candidemia all affected patients will be consulted by a member of the infectious disease team upon initial notification by the microbiological laboratory. Furthermore, the respective lab report will have an advice for drawing follow-up blood cultures.

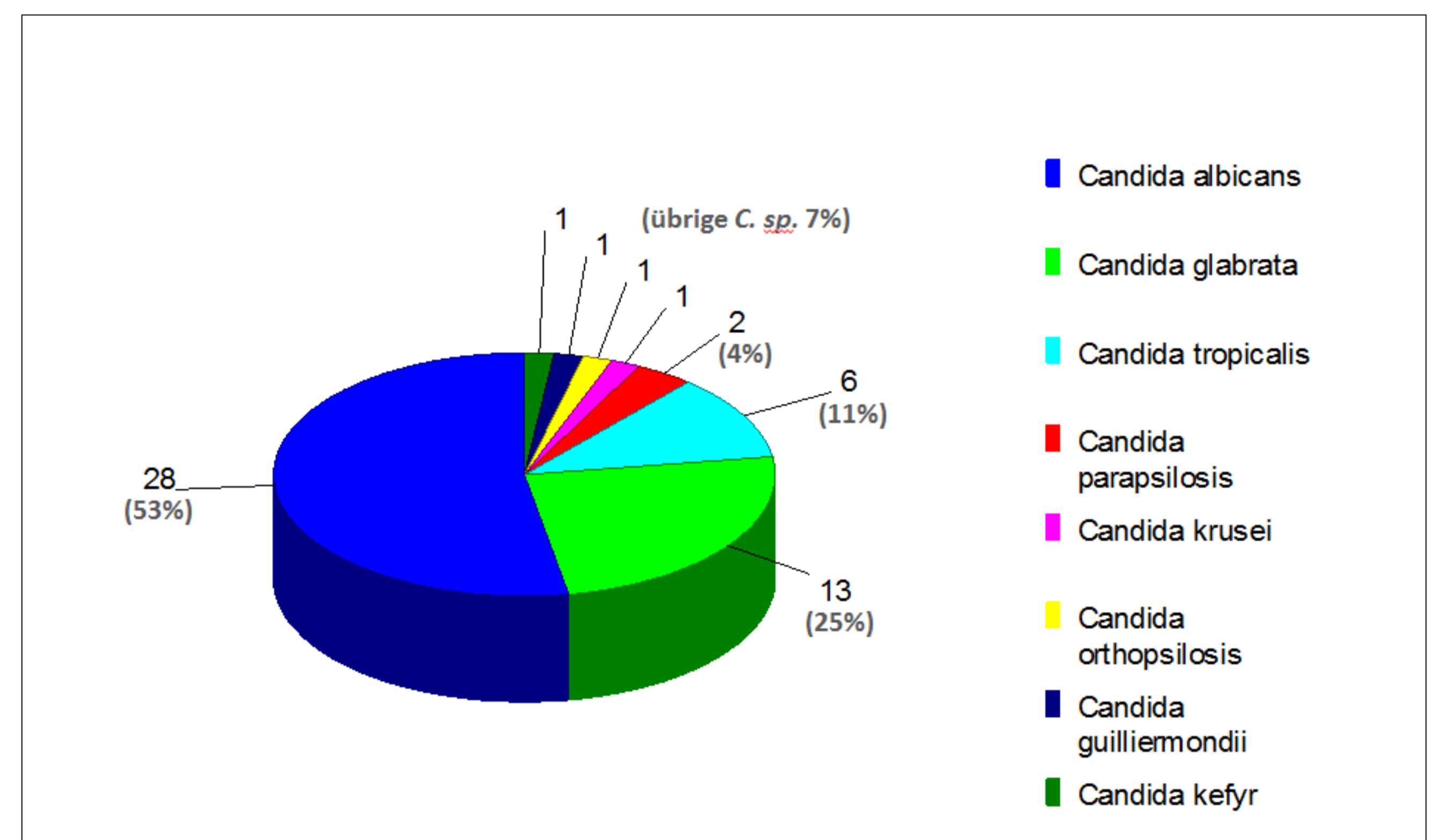


Figure 1: Distribution of Candida spp. in bloodcultures of N=51 patients

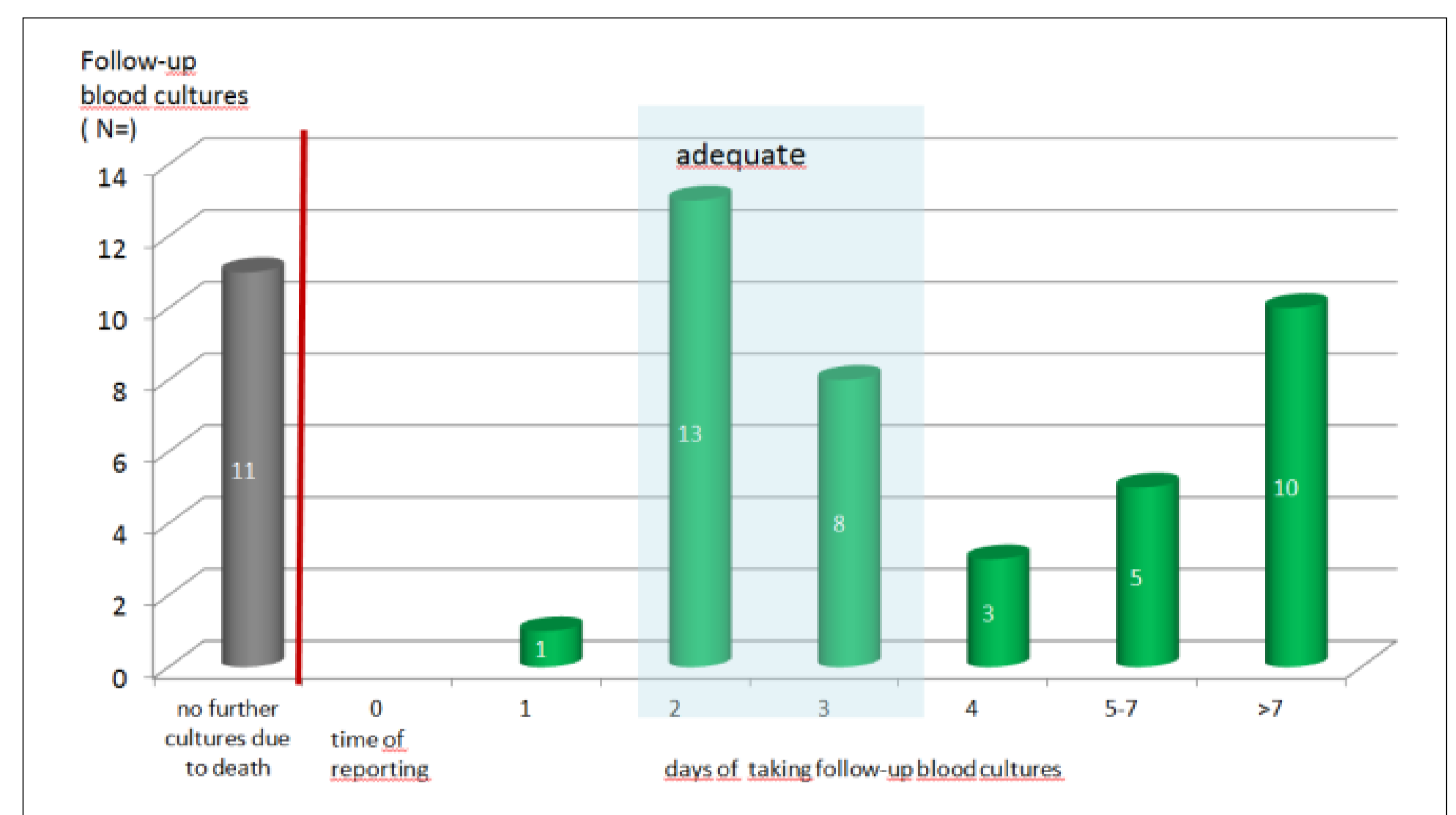


Figure 2: Number (of follow-up bloodcultures in patients (N=40) with Candidemia in regards to reporting time

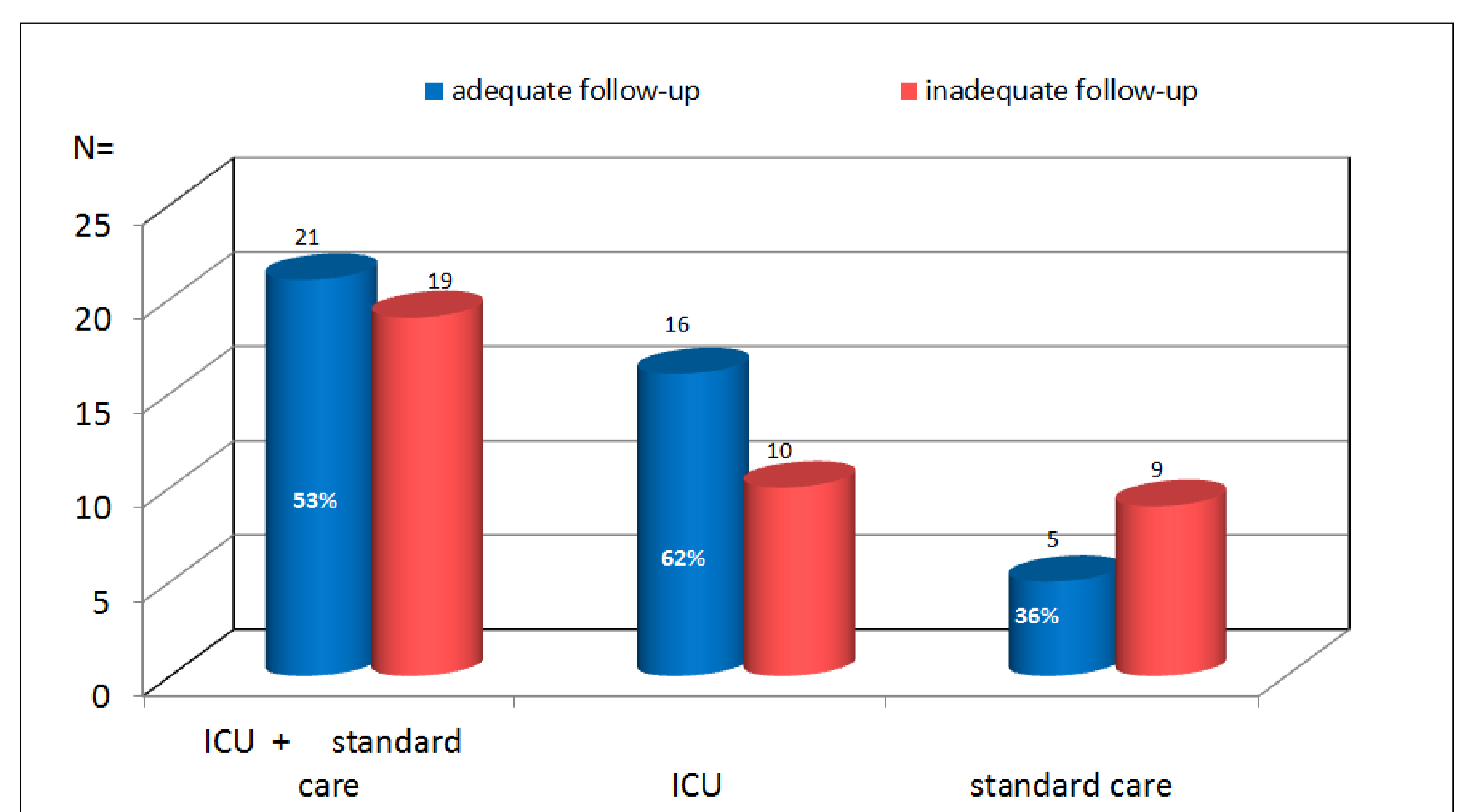


Figure 3: Compliance with follow-up bloodcultures stratified by ICU and standard care