

## **PARTICIPATE IN OUR EXPERIMENT AND GET A CHANCE TO WIN 100 €!**

For our thermal comfort research, we are looking for participants of varying ages and sex<sup>1</sup>.

The research will be conducted between July 5 and September 2, 2022. The participants will be required to come in 4 days in total, once per 4 weeks<sup>2</sup>. The research location is in downtown Aachen, at Theaterstraße 92. You will be able to use an office room by yourself the entire workday, with all the necessary equipment<sup>3</sup>. While you are working on your own stuff, we will collect some physiological data through a non-intrusive wristband<sup>4</sup>. At the end of the experiments, 7 out of a total of 47 of the participants will each win a 100 € gift card of their choice as a small thank you for their support!

TO SIGN-UP AND FOR FURTHER QUESTIONS  
Peiman Pilehchi Ha: [HLS\\_Studie@ukaachen.de](mailto:HLS_Studie@ukaachen.de)



<sup>1</sup> The following are not suitable for participation: Active COVID-19 infection (based on a lateral flow test), Active illness or medication that could affect thermoregulation and/or cognitive performance, Pregnant women, Individuals suffering from insomnia, Middle-aged women who are not in a stable postmenopausal state, Unstable body weight (weight gain or loss > 3 kg in the last three months), Alcohol consumption of > 2 servings per day for men and > 1 serving per day for women, Regular smoking in the last 12 months.

<sup>2</sup> We will send you a link to sign-up, which will ask you all available dates that you can participate in the experiment.

<sup>3</sup> In your experiment days, we will expect you to come to the location. After resting in the break room for half an hour, you will be introduced to your office space and will be expected to work there until afternoon. The exact time of expected arrival and departure will be announced by email, but your presence is expected to last 7:30 hours. The lunch break will be between 12.00-13.00. Taking coffee/bathroom breaks are of course allowed, however we would need you in the office space most of the time. In the work-space we provide a WiFi connection, electrical outlets, work desk and chairs, desk lamps, a printer and some basic stationery. In the break room there will be options to make coffee/tea.

<sup>4</sup> The wristband, similar to a smart watch, will collect your heart rate, skin temperature and sweat rate data. This data will be stored and published entirely anonymously according to the EU General Data Protection Regulation (GDPR). The wristband will be put on your wrist and activated when you enter your office space, and will be taken off when you leave at the end of the day.