



## How do everyday environmental exposures relate to daily experiences? Take part in a scientific study now!

We are conducting a research study to explore how everyday environmental exposures, such as light, noise, air quality, and temperature, relate to daily experiences in adults. Participation takes place in your normal daily life. During one study week, you will wear a sensor vest and smartwatch on two non-consecutive 24-hour periods (one weekday and one weekend day) and complete brief questionnaires via smartphone.

### WHO CAN PARTICIPATE?



You are eligible if you

- are 18 years or older
- are a RWTH university student or UKA/RWTH university-affiliated staff member
- are generally in good health
- own a smartphone (Android or iOS) compatible with the m-Path app
- have sufficient English skills (study language: English)
- regularly do typical daily activities outside your home

### WHEN DOES THE STUDY RUN?

The study period is from June until August. This study is conducted in multiple recruitment periods. Participation is possible only once.

### COMPENSATION

Receive up to €150 paid in cash for full participation.

**Link:** <https://soscisurvey.ukaachen.de/sosci/hbm/?q=sum>



### INTERESTED AND MEET THE CRITERIA?

Scan the QR code or use the link to complete our screening questionnaire. If you have any questions, please contact us at [HLS\\_HBM@ukaachen.de](mailto:HLS_HBM@ukaachen.de).